

# Size Guide...

Use our Size Guide to get the correct fit for your sleeve.

## How to Measure:

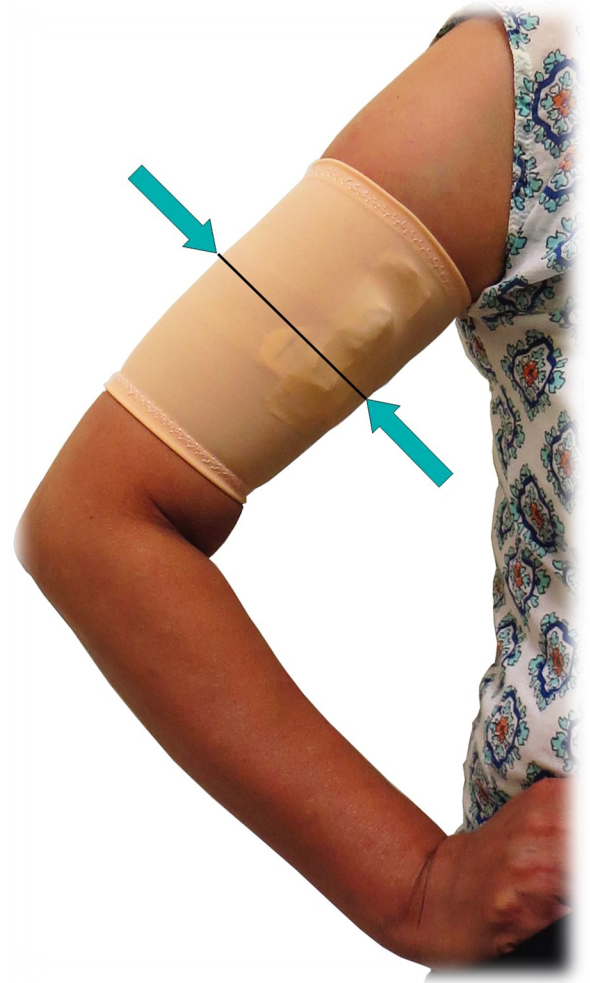
- Place the hand of your PICC arm on your hip to show the upper arm (see image).
- With a tape, measure closely around the upper arm at the **mid point**. When measuring over the PICC line, be careful not to disturb the dressing or the fixation device if applied.
- Take the measurement and choose from the size table below.
- Do not be tempted to add to the measurement – our sleeves are designed to stretch. If your measurement is on the boundary of two sizes choose the **SMALLER** size.
- Sleeve fit should be snug and secure but not uncomfortable or overly tight.

PICC-Me PICC Line covers and sleeves are made of a blend of polyester and elastane ('Lycra') and are designed to stretch.

Different fabrics have different levels of stretch and we have designed our sizes around these characteristics.

**IMPORTANT:** Your PICC-Me sleeve has been carefully designed to be comfortable to wear. It should not be too tight or restrictive.

If you are in any doubt about the comfort, fit or application of your sleeve, please ask your nurse who can guide you to the best care for your PICC line.



Measurement around arm (cm)	Measurement around arm (in)	Recommended Size
Up to 24cm	9½	<b>XS</b>
25 - 28cm	10" - 11"	<b>S</b>
29 - 32cm	11½" - 12½"	<b>M</b>
33 - 36cm	13" - 14"	<b>L</b>
37 - 40cm	14½" - 16"	<b>XL</b>

**If your measurement is on the boundary of two sizes choose the SMALLER size.**